

The Winstanley School

Widening Horizons | Enabling Excellence



Year 8

Options Pathways

2026

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Please note:

The details in this booklet were correct at the time of printing. However, we cannot guarantee that there will be no changes affecting the relevant information supplied.

GCSE Curriculum

Our curriculum is designed to maximise opportunities for success at subjects that students are interested in and may find useful. We offer the core subjects needed to progress at 16 as well as a range of subject choices to meet the needs of each individual. Each student will be allocated a pathway based on their prior attainment at KS2 and their progress over year 7 and during year 8. These pathways will help to ensure that students make appropriate choices for their GCSE subjects.

It is important that choices are based on your strengths and interests, not what your friends are doing or which teacher you would prefer to be taught by.

You and your parents will be invited to individual interviews with a senior member of staff to help you make choices which are right for you.

It is important that you take advice from a range of people:

- Your parents or carers;
- Your subject teachers;
- Your form tutor;
- Senior members of staff.

Questions you may ask them and yourself should include:

- Should I choose subjects I like?
- Which subjects may be especially useful to me?
- Are some subjects more useful than others?
- Which subjects do my teachers recommend me to take?
- Have I found out as much as I can about subjects I have not studied before but which look interesting?
- Is there something I definitely want to do when I leave school? Have I chosen the most appropriate subjects?
- Have I thought about a wide range of subjects?

This booklet contains information about the core curriculum subjects and the option choices available.

The Core Curriculum

This is the part you do not choose. All students have to study the following courses at KS4: maths, English, science, Religious Studies, PE and SHINE. Details about these courses can be found on pages 5-7.

Core Subjects	Exam	Taught hours per fortnight
English Language	GCSE	9
English Literature	GCSE	Taught within core English
Maths	GCSE	9
Separate Science	GCSE	10
Religious Studies	GCSE	4
Core PE	No qualification	2
CREW	No qualification	1

Option Pathways

You will be able to choose 3 subjects to study. All students are required to have a curriculum which includes a range of types of subjects.

The Options Pathways will help you make your choices.

Details of all the options pathways and courses available are on pages 12-25.

A small number of students will have more personalised pathways developed to support their learning needs to maximise their success at Winstanley and in life beyond school. These students may take Entry level qualifications alongside GCSEs.

Important Dates

A timeline of the options process can be found on page 28.

Option Pathways

Your pathway is determined by your KS2 levels, the tests you undertook at the start of year 7 and the progress you have shown in year 7 and so far in year 8.

The pathways are designed to ensure you are able to succeed in your subjects and make choices which will help you to further education or an apprenticeship at post 16.

YR8 Options 2026-2029

ASPIRE	9 Hours	9 Hours	Core Subjects		2 Hours	Choose 1 5 Hours	Choose 1 5 Hours	Choose 1 5 Hours per Subject
	English Literature and Language	Maths	10 Hours	4 Hours	Core PE	French Geography History Spanish	Art Drama Music Design - Resistant Materials	Art Business Studies Computer Science Design - Resistant Materials Drama GCSE PE Geography History Hospitality & Catering Media Studies Music Sport Studies
			Seperate Science	Religious Studies				

MOTIVATE	9 Hours	9 Hours	Core Subjects		2 Hours	Choose 1 5 Hours	Choose 1 5 Hours	Choose 1 5 Hours per Subject
	English Literature and Language	Maths	10 Hours	4 Hours	Core PE	Geography History	Art Drama Music Design - Resistant Materials	Art Business Studies Design - Resistant Materials Drama Hospitality & Catering Media Studies Music Sport Studies
			Seperate Science	Religious Studies				

Core Curriculum Subjects

**These are the subjects that
you have to study**

English Language

Curriculum time: 9 hours per fortnight

Exam Board: Eduqas

This subject is taken by all due to it being a core subject and will be studied alongside English Literature GCSE. Employers look for good grades in English and so success here is vital for your future.

Lessons will focus on

1. 20th century literature reading and creative prose writing
2. 19th century literature non-fiction reading and transactional/persuasive writing
3. Demonstrating speaking and listening skills through:
 - presentation in a formal context
 - responding appropriately to questions and to feedback
 - using spoken Standard English



At the end of the course in Year 11 there will be two written exams; one is 1 hour 45 minutes (40%) and one is 2 hours (60%). Students will also be assessed on a spoken language presentation.

English Literature

Curriculum time: taught alongside English Language.

Exam Board: Eduqas

Lessons will focus on

1. Shakespeare and Anthology Poetry
2. Post-1914 Prose/Drama, 19. Century Prose and Unseen Poetry

At the end of the course in Year 11 there will be two written exams; one is 2 hours (40%) and one is 2 hours 30 minutes (60%).

What kind of careers can this subject lead to?

Employers look for good grades in English and Maths and so success in these subjects is vital for your future.

If you want to know more about either English course, please see any of the English Team.

Mathematics

Curriculum time: 9 hours per fortnight

Exam Board: OCR

Mathematics is a core subject and is essential for many jobs and careers. Mathematics is used frequently in other subjects to analyse data, solve problems and think logically. The ability to think mathematically will help in all walks of life.

Lessons will focus on

Number

- Working with numbers and the number system
- Fractions, decimals and percentages
- Ratio and proportion

Statistics

- Data presentation and analysis
- Data interpretation
- Probability

Algebra

- Expressions and equations
- Sequences and linear functions
- Graphical methods

Geometry

- Properties of angles and shapes
- Geometrical reasoning and calculation
- Measures and construction

In this course you will be taught the knowledge, skills and understanding through mental and written calculation, discussion work, practical activities and solving problems. Some students may also study Entry Level maths.

At the end of the course there will be three 1 hour 30 minute exams, two with a calculator and one without.

There are two levels of entry: Higher (grades 9-4) and Foundation (grades 5-1).

What kind of careers can this subject lead to?

Grade 4 is a requirement for any post-16 courses. Career pathways that see maths as a necessity include: accountant, animator, architect, business, finance, games designer, insurance, marketing analyst, medical profession, retailer or teacher.

If you want to know more about this course, please see Mrs Cooley.

Core PE

Curriculum time: 2 hours per fortnight

All students will take Core PE and will have two hours of PE over a fortnight. Core PE is not an examined subject and will not lead to a qualification.

Lessons will focus on

How to acquire skill, how to evaluate each other, how to prepare for physical activity, and the benefits of physical activity to help lead a healthy lifestyle.

We aim to help all students will experience some activity that they find enjoyable and which they could continue to participate in as they get older.

Separate Sciences (3 GCSEs)

Curriculum time: 10 hours per fortnight

Exam Board: AQA GCSE

Key Topics Studied

BIOLOGY:

PAPER 1: Cell Biology, Organisation, Infection and Response and Bioenergetics.

PAPER 2: Homeostasis and Response, Inheritance, Variation and Evolution and Ecology.



CHEMISTRY:

PAPER 1: Atomic Structure and the Periodic Table, Bonding, Structure and Properties of Matter, Quantitative Chemistry, Chemical Changes and Energy Changes.

PAPER 2: The Rate and Extent of Chemical Change, Organic Chemistry, Chemical Analysis, Chemistry of the Atmosphere and Using Resources.

PHYSICS:

PAPER 1: Energy, Electricity, Particle Model of Matter and Atomic Structure.

PAPER 2: Forces and Motion, Waves, Magnetism and Space

Lessons will focus on

- Separate teaching of Biology, Chemistry and Physics
- Practical and theory work
- Required practical investigations (28 in total) which must be completed by all students in the three sciences and will be assessed in the written exams.

Assessment

At the end of Year 11 there will be two written exams (105 minutes each) for each subject: Biology, Chemistry and Physics (six in total) with a variety of different question types including multiple choice, structured, closed short answer, and open response.

Some students will study the Combined (Double Award) Science route where at the end of Year 11, their exams will be shorter (6 exams that are each 75 minutes long) and these students will gain 2 GCSEs in Combined Science Trilogy.

What kind of careers can this subject lead to?

Astronomy, Sports Science, Veterinary Care, Healthcare, Physiotherapy, Medical, Dental, Optometry, Pharmacy, Teaching, Psychology, Oceanography, Forensic Science, Criminology.

If you want to know more about this course, please see Mr Thacker.

GCSE Religious Studies

Curriculum time: 4 hours per fortnight

Exam board: Eduqas

All students will continue to study Religious Studies throughout their time at school.

Lessons will focus on:

- Core Christian beliefs, teachings and practices. For example, the significance of Jesus to Christian believers.
- Core Muslim beliefs, teachings and practices. For example, the differences between Sunni and Shi'a Islam.
- Philosophical and Ethical issues in the world today. This includes topics on Life and death, Marriage and Family, Good and Evil and Human Rights.

25% of the course is a study of Christianity.

25% of the course is a study of Islam.

50% of the course examines Philosophy and Ethics.

At the end of the course there will be three exams. Two 1 hour papers, and one 2 hour paper.

What kind of careers can this subject lead to?

Any job where you work with other people. In particular; Charity work, Local government, Human Resources, Social Work, Education, Law, Civil Service and Police.

If you want to know more about this course, please see Mrs Brockway

SHINE

All students will study SHINE throughout their time at school. This course will not be examined and does not lead to a qualification. However, SHINE covers a wide range of topical issues which support students' personal development and well-being. Statutory themes such as Sex and Relationships Education, Citizenship and Careers are a major part of the SHINE programme.

CREW

All students will continue to experience CREW sessions each morning and will continue to undertake REALiFE missions to support their wider curriculum learning. One CREW session will also be timetabled within curriculum time.

Additional Option Choices

**These are the subjects that
you can choose to study**

You will be guided to make your choices from a specific pathway which is determined by your KS2 levels and your progress across KS3.

Please look at your individual options form to identify the subjects that you will be required to make your choices from.

Art and Design

Curriculum time: 5 hours per fortnight

Exam Board: AQA GCSE

Lessons will focus on

Developing skills initially through structured workshop based activities and independent self-directed study. The course covers drawing and painting, use of mixed media, sculpture, ceramics, printmaking and photography/photoshop. Students will focus on developing ideas, refining ideas through experimentation, recording ideas and presenting a meaningful response to a given brief.

At the end of the course in year 11 you will have completed:

Component 1: Portfolio of coursework: covering all 4 assessment objectives worth 60% of the final mark.

Unit 2: Externally set task: which comprises preparatory studies produced over 15 weeks and a final 10 hour exam (over 2 days).

What kind of careers can this subject lead to?

GCSE Art is a stepping-stone to creative careers such as; illustration, web design, game design, theatre design, interior design, journalism, fashion, printing, commercial art and architecture and many more.

If you want to know more about this course, please see Miss Bell.



Business Studies

Curriculum time: 5 hours per fortnight

Exam Board: Edexcel GCSE

Lessons will focus on

Theme 1: How entrepreneurs start businesses

- Key business concepts
 - Market research, competitive environments, business stakeholders
- Issues and skills involved in starting and running a small business
 - Business calculations, legislation, the economy

Theme 2: Growing and global businesses

- How a business develops beyond the start-up phase
 - Working with suppliers and stakeholders, business operations
- Key business concepts - marketing, finance and human resources
 - Organisational structures, recruitment, training, financial decision making and calculations

At the end of the course in year 11 there will be two equally weighted exam papers of 1 hour 45 minutes.

What kind of careers can this subject lead to?

Business studies leads into a range of careers such as marketing, HR, finance, law and public relations.

If you want to know more about this course, please see Miss Le Cras.

Computer Science

Curriculum time: 5 hours per fortnight

Exam Board: OCR GCSE

Lessons will focus on

Unlock the power of technology with our GCSE Computer Science course. Designed for students who are passionate about understanding and shaping the digital world, this course challenges and inspires learners while remaining accessible to anyone willing to work hard.



Key areas include:

- Systems architecture, memory, storage, and networks.
- Programming fundamentals using Python, the only programming language taught on this course.
- Algorithms, data representation, and software development.
- Understanding the impacts of technology on society and the environment.

Assessment includes two written exams, each lasting 1 hour and 30 minutes, weighted equally at 50% of the total GCSE. You will also undertake practical programming tasks to enhance your Python coding skills.

This course lays the foundation for further study in IT and computing, leading to exciting careers in software development, data analysis, cyber security, and beyond.

What kind of careers can this subject lead to?

Computer Science can lead to jobs in cyber intelligence, data analysis, software development, engineering and architecture.

If you want to know more about this course, please see Mr Bradley.

Design and Technology (Resistant Materials)

Curriculum time: 5 hours per fortnight.

Exam Board: AQA GCSE

Lessons will focus on

How to identify and solve real problems by designing and making products. The design process and the impact design has on people and the environment. Develop a broad knowledge of materials, components and technologies and practical skills.

At the end of the course in year 11 there will be a 2 hour written examination (50%) and a controlled assessment task (50%). This assessment will take approximately 35 hours and must be carried out under supervision. Students will be given a design task which they must research, design, plan, prototype and manufacture.

What kind of careers can this subject lead to?

Construction and trade careers such as Bricklayer, Carpenter, Electrician, Painter and Decorator, Plaster, Plumber and Roofer.

STEM Careers include mechanics, CAD programming and industrial design.

Other creative design jobs include, Fashion and footwear designer, visual merchandiser, Theatre set designer and many more.

If you want to know more about this course, please see Miss Bell.

Drama

Curriculum time: 5 hours per fortnight

Exam Board: OCR GCSE

Lessons will focus on

Re-examining the world through kinaesthetic learning.

- **Devising Drama. Practical 30%**
Creating performance based on a chosen stimuli and a portfolio of evidence of the process and decisions made whilst creating and developing their performance.
- **Presenting and Performing Texts. Practical 30%**
Demonstrating skills in a live performance, performing or designing two performances from one text. Students have to produce a document which explains their intentions for and approach to the performance.
- **Drama: Performance and Response Written 40%**
Students study text and performance. All students must attend a live theatre performance (this is normally an evening performance at The Curve Theatre)
 - Section A. One performance text in detail from a set list.
 - Section B. Analyse and evaluate a live theatre performance.

At the end of the course in year 11 there will be two practical tasks (60%) and one written exam (40%).

What kind of careers can this subject lead to?

The ability to communicate effectively is one of the most vital skills necessary in the work place. Drama helps to build this skill.

If you want to know more about this course, please see Mr Finn.

French

Curriculum time: 5 hours per fortnight

Exam Board: Edexcel GCSE

Lessons will focus on

Building on the skills you have learnt and continuing to focus on the four skill areas of:

- Listening examination – 25%
- Speaking examination – 25%
- Reading examination – 25%
- Writing examination – 25%

Our aims for this course are to:

- develop confidence in, and a positive attitude towards languages and to recognise the importance of languages.
- provide a strong linguistic and cultural foundation for students who go on to study languages at a higher level post-16.
- develop students' ability and ambition to communicate independently in speech and writing with speakers of the language for authentic purposes.
- develop students' ability to communicate independently about subjects that are meaningful and interesting to them
- build students' confidence and broaden their horizons, enabling them to step beyond familiar cultural boundaries, develop new ways of seeing the world, and better
- understand relationships between the foreign language and the English language.
- enable students to become familiar with aspects of the contexts and cultures of the countries and communities where the language is spoken.

There will be four exams at the end of year 11 and you will be entered for the same tier (foundation or higher) for all four papers.

Please be aware that if your child picks a language for GCSE, your child WILL have to take part in a 10-15 minute speaking exam which is recorded. This is COMPULSORY and you will have to take part in speaking activities every lesson.

Topics that we will cover:

- My personal world
- Lifestyle and wellbeing
- My neighbourhood
- Media and technology
- Studying and my future
- Travel and tourism



What kind of careers can these subjects lead to?

Tourism, hospitality, civil service, translator, air traffic controller and journalism.

If you want to know more about this course, please see Mrs Carter or Mrs Mead.

GCSE Physical Education

Curriculum time: 5 hours per fortnight

Exam Board: Edexcel GCSE

Lessons will focus on

GCSE PE

- Anatomy and physiology
- Sports psychology
- Exercise and health and the effects of training on the body systems
- Developing three sports or activities, from a wide range of activities
- Developing knowledge of skills and tactics, how to plan and complete a training programme
- Developing leadership and coaching roles

At the end of the course in year 11 there will be two written exam focusing on the theory of Physical Education (60%), with 30% practical based on three sports/ activities and 10% based on producing your own exercise training programme.

It is really important that you are playing at least one sport out of school, to help your assessment in the practical elements.

What kind of careers can this subject lead to?

Personal trainer, exercise psychologist, sport coach, events management and sport scientist.

If you want to know more about these courses, please see Mr Higgins.

Geography

Curriculum time: 5 hours per fortnight

Exam Board: AQA GCSE

The Autumn term of Year 9 will be focused on building your geographical skills to prepare you for the start of the GCSE course in the Spring Term. You will investigate the geography of Russia and whether or not it's a benefit or a curse. You will also explore our hazardous earth - from wars to volcanoes, from floods to pandemics.

3 exams at 1hr30min (33%) each

Paper 1	Paper 2	The case studies we explore are kept <u>up-to-date</u> so the events we study are relevant to the world around you. The current case studies are: SWANAGE BAY (EROSION) THAR DESERT JAMAICA (TOURISM) RIO DE JANEIRO ICELAND (VOLCANOES) NIGERIA HAITI EARTHQUAKE AMAZON RAINFOREST RIVER TEES USA (HURRICANES) JAPANESE EARTHQUAKE SOMERSET FLOODS SYRIA-TURKEY EARTHQUAKE
Challenge of Natural Hazards <ul style="list-style-type: none"> Tectonic Hazards Weather Hazards Climate change Living World <ul style="list-style-type: none"> Ecosystems Tropical Rainforest Hot Deserts UK Physical Landscapes <ul style="list-style-type: none"> Coasts Rivers 	Urban Issues and Challenges <ul style="list-style-type: none"> Urbanisation (global) Urbanisation in the UK Changing Economic World <ul style="list-style-type: none"> Global Development Changing UK Economy Challenge of Resources Management <ul style="list-style-type: none"> UK Resources (food, energy and water) Global food supply and demand 	
Paper 3		
<ul style="list-style-type: none"> Issue Evaluation – Pre-release document Fieldwork – Braunstone and Birmingham Geographical skills – maps and graphs 		

You'll experience a dynamic and engaging mix of learning activities that make Geography come to life! There will be exciting opportunities for investigation, discussions, debates, and the use of ICT to explore geographical topics. You'll develop a deeper understanding of the world around you. You will embark on two thrilling fieldwork expeditions, where you'll get hands-on experience in real-world geography.

What kind of careers can this subject lead to?

Travel and tourism, City planner, charity / aid worker, ecologist and environmental consultant.

By the end of the course you will be a strong communicator and problem solver who can evaluate a wide range of global and local issues.

If you want to know more about this course, please see Miss Croysdale.

History

Curriculum time: 5 hours per fortnight

Exam Board: OCR GCSE

Lessons will focus on

In year 9 we will build skills and foundational knowledge by studying

- **Migration to Britain from 1250 to today**
- **Inter-War Germany**
- **A local site study**



The GCSE Course will start at the end of year 9 and will include:

- **Living under Nazi rule 1933-45**
Sources and interpretations of the Nazi era to investigate how Hitler was able to establish a dictatorship and how this impacted upon the people living in Germany and other Nazi occupied territories.
- **Viking Expansion 750 - 1050**
How the Vikings lived, and expanded their territory in Europe.
- **The People's Health 1250-2000**
Living conditions, responses to epidemics and how the actions of governments have changed over time.
- **The Norman Conquest 1066-1087**
What England was like on the eve of The Norman Conquest, whether William the Conqueror's victory was down to luck and if 'brutal slaughter' is the best way to describe the means by which he consolidated his power over his new kingdom.
- **History Around Us**
A site study of Kenilworth Castle, looking at how and why it was built, and how its function has changed over time.

At the end of the course in year 11 there will be two 1 hour 45 minute exams (40% each) and one 1 hour 15 minute exam (20%).

What kind of careers can this subject lead to?

History is seen by universities and employers as a strong GCSE as it contains research and analysis. Jobs such as Archaeology and Heritage are interesting career paths but History can also lead to careers in the law, journalism, broadcasting, public services, tourism and forensics as well as jobs in the civil service.

If you want to know more about this course, please see Mr Davis.

Hospitality and Catering Level1/Level2 Award

Curriculum time: 5 hours per fortnight

Exam board: WJEC

Lessons will focus on

The theory of how the Hospitality and Catering industry functions, different aspects of the industry from the employers and employees point of view. Developing high quality written work to support practical sessions of cooking a range of dishes to develop your skills ready for the 4-hour practical assignment.



Ingredients: students will be asked to bring ingredients and a container. If students are pupil premium ingredients will be provided but we ask for a £1 a week/ £39 a year contribution towards ingredients.

At the end of the course in year 11 there will be one written 1 hour 30 minute exam (40%) and a 4 hour practical assignment (completed Jan/Feb) (30%) and written coursework related to the practical assignment (30%).

What kind of careers can this subject lead to?

Catering industry, hospitality and agriculture.

If you want to know more about this course, please see Mrs Derry.

Please be aware that numbers on this course are limited. Due to health and safety restrictions, there will be up to 40 places available.

Media Studies

Curriculum Time: 5 hours per fortnight

Exam Board: Eduqas

Media Studies offers an engaging and stimulating pathway to develop knowledge and understanding of the Media industry in both a practical and analytical way.

Lessons will focus on

- Exploring and analysing a range of set media texts that range from magazines to films to video games.
- Understanding and applying media language and the theoretical framework.
- Creating a media product such as a magazine cover or webpage.
- Developing an understanding of the Media Industry.

At the end of the course in Year 11 there will be two 1 hour and 30 minute written exams (70%) and one non-exam coursework assessment (30%).

What kind of careers can this subject lead to?

Events, TV, film and theatre industry, advertising, research and community arts.

If you want to know more about the course, please see Mrs Hendra.



Music

Curriculum time: 5 hours per fortnight

Exam Board: Pearson BTEC

You must perform either on a musical instrument or with your voice, and must be prepared to practise to be successful.

Lessons will focus on

- Performing, composing and appraising. You will develop your knowledge and understanding of music through the study of a variety of genres and styles. Genres included are; the western classical tradition, film music, blues, 20th Century, Reggae and popular music plus others!
- You must perform either on a musical instrument or with your voice, and must be prepared to practise to be successful.
- You must be prepared to create your own music and use Music Technology.



By the end of the course you will have completed 3 components.

Component 1 : Exploring Music Products and Styles (30%) (Internally assessed controlled assessment)

Component 2 : Music Skills Development (30%) (Internally assessed controlled assessment)

Component 3 : Responding to a Music Brief (40%) (Externally assessed controlled assessment)

What kind of careers can this subject lead to?

Performing arts, sound engineer, producing and directing music, community arts, audiologist, events management and audio-visual technician.

If you want to know more about this course, please see Mrs Smailes.

Spanish

Curriculum time: 5 hours per fortnight

Exam Board: Edexcel GCSE

Lessons will focus on

Building on the skills you have learnt and continuing to focus on the four skill areas of:

- Listening examination – 25%
- Speaking examination – 25%
- Reading examination – 25%
- Writing examination – 25%

Our aims for this course are to:

- develop confidence in, and a positive attitude towards languages and to recognise the importance of languages.
- provide a strong linguistic and cultural foundation for students who go on to study languages at a higher level post-16.
- develop students' ability and ambition to communicate independently in speech and writing with speakers of the language for authentic purposes.
- develop students' ability to communicate independently about subjects that are meaningful and interesting to them
- build students' confidence and broaden their horizons, enabling them to step beyond familiar cultural boundaries, develop new ways of seeing the world, and better
- understand relationships between the foreign language and the English language.
- enable students to become familiar with aspects of the contexts and cultures of the countries and communities where the language is spoken.

There will be four exams at the end of year 11 and you will be entered for the same tier (foundation or higher) for all four papers.

Please be aware that if your child picks a language for GCSE, your child WILL have to take part in a 10-15 minute speaking exam which is recorded. This is COMPULSORY and you will have to take part in speaking activities every lesson.

Topics that we will cover:

- My personal world
- Lifestyle and wellbeing
- My neighbourhood
- Media and technology
- Studying and my future
- Travel and tourism



What kind of careers can these subjects lead to?

Tourism, hospitality, civil service, translator, air traffic controller and journalism.

If you want to know more about this course, please see Mrs Carter or Mrs Mead.

Sports Studies

Curriculum time: 5 hours per fortnight

Exam Board: OCR Cambridge Nationals

Lessons will focus on

- Contemporary issues in sport: 1 hour written exam exploring a range of issues in sport, including participation levels and barriers, promoting values and ethical behaviour, and how sport contributes to society as a whole.
- Developing sports skills: (centre-assessed)
Learn a range of skills and techniques, different practice methods, tactics and strategies for individual and team sports and understanding of the rules enabling officiation roles within the sport.
- Sports leadership: (centre-assessed)
Students will learn about the practical skills required to be an effective sport leader. The planning and delivery of safe and effective sporting activity sessions.
- Developing knowledge and skills in outdoor activities - 5 Day Residential
Students will study a wide range of outdoor and adventure activities. Through planning and participating in these type of activities they will learn about health and safety, risk assessments and the importance of detailed planning for various scenarios and challenging environments. This will also help them develop their communication, decision-making and leadership skills.

At the end of year 11 there will be a 1 hour written exam.

What kind of careers can this subject lead to?

Personal trainer, exercise psychologist, sport coach, events management and sport scientist.

If you want to know more about these courses, please see Ms Tomblin or Miss Fisher

What happens next?

w/c 2nd February	Option booklets distributed to year 8 students
5th February	Year 8 Options Information Evening 4pm – 6.30pm
w/c 23rd February	Individual options interviews with students, parents and senior leaders to make choices
6th March	Deadline for Options Forms to be submitted
Summer Term	Individual option choices confirmed in writing

If you require any further help or advice, please do not hesitate to contact Miss Le Cras or the relevant subject leader.